

ZANE Walk 2023

THE 'FIRST' LAST WALK

3 - 17 September

Norfolk Coastal Path



ACN 613802574

For the 14th year,
Tom, Jane and their dog, Moses, will
walk to raise funds for the destitute
people of Zimbabwe.

ZANE: Zimbabwe A National Emergency

PLEASE SPONSOR US TODAY AND SAVE LIVES

Dear Reader

The (First) Last Walk

Why are Jane and I and our dog Moses embarking on a 14th sponsored walk for ZANE?

We are walking because life for the poor in Zimbabwe is a gruelling fight for survival. Imagine living in a country where inflation is 400% and rising. Imagine living in a country with no social provision: imagine living in a country with no state funded healthcare: imagine being poor, ill and lonely: imagine dying in squalor, facing fear, hunger, and despair.

This could be me: this could be you.

We are walking once again to highlight that ZANE is the only lifeline for the many thousands of needy who have no one else to turn to.

We are walking once again so that ZANE can afford to assist more people. Our brave ZANE workers say that the thing they dread the most is having to turn desperate people away through lack of resources.

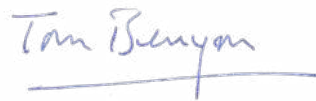
We walk for Marion who is 75 and a diabetic. She worked as a teacher for over forty years.

Marion says: *"My savings and pension have vanished and I'm too sick and old to start again. I'm so grateful to ZANE and the astonishing generosity of the ZANE donors. Please thank them for me."*

If you donate to ZANE, please know that the money goes to those in desperate need.

ZANE makes the difference between hope and despair and brings smiles to faces and hope for the future. Please sponsor our walk; the need is so great. Thank you so much.

Yours sincerely



Tom Benyon OBE
Founder, ZANE



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FOLLOW THE BLOG

Read Tom's walking blog at www.zane.uk.com

Day	Date	Start Point	Sun	10-Sep	REST DAY
1	Sun 03-Sep	<u>Swaffham</u>	8	Mon 11-Sep	<u>Blakeney</u>
2	Mon 04-Sep	<u>New Houghton</u>	9	Tue 12-Sep	<u>Weybourne</u>
3	Tue 05-Sep	<u>Great Bircham</u>	10	Wed 13-Sep	<u>Overstrand</u>
4	Wed 06-Sep	<u>Holme-next-the-Sea</u>	11	Thu 14-Sep	<u>Walcott</u>
5	Thu 07-Sep	<u>Thornham</u>	12	Fri 15-Sep	<u>Waxham</u>
6	Fri 08-Sep	<u>Burnham Overy Staithe</u>	13	Sat 16-Sep	<u>Caister-on-Sea</u>
7	Sat 09-Sep	<u>Wells-next-the-Sea</u>	14	Sun 17-Sep	<u>Gorleston-on-Sea</u>
				end at	<u>Lowestoft</u>



“There are many people in Zimbabwe who today remain in desperate need of help, through no fault of their own. ZANE is a dedicated charity devoted to providing a lifeline to these people. The ZANE team is hard-working and focused, bringing impressive results for the poorest and least advantaged, and is most worthy of our support.

Jonathan Sheppard

Former Australian Ambassador to Zimbabwe
Board member, ZANE Australia

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Donate online at www.zaneaustralia.org.au,
or by phone on 0421 600 040 or complete the donation form



*You bring smiles to faces
and hope for the future.*

My name is Marion and I live on the outskirts of Harare. I am a former teacher, a job I did and loved for over 40

years. I taught primary children of many ages over the years, some of my happiest memories took place in classrooms. It saddens me to see and hear about the declining education system in Zimbabwe.

When I retired, I invested all my retirement benefits to supplement my small government pension. This money has been devalued out of existence; the second time my savings have vanished. I didn't think history would repeat itself, but it did, and I found myself having to ask for help for the first time in my life - I'm too old to start again like I did last time.

I'm so grateful for the help I receive through ZANE; a regular food parcel, my diabetes medication paid for, and help towards my water and electricity bills. It astonishes me that kindly people in the UK care enough to help people like me, and I feel so blessed to know that you care.

Please know that the work ZANE does and the help you give does matter - for me it's the difference between my ability to cope and despair. You bring smiles to faces and hope for the future. Thank you so very much.

*Names, age and images have been changed on grounds of security.

REASONS TO SUPPORT ZANE

1. ZANE provides aid, comfort and support to 2,090 impoverished pensioners with nowhere else to turn. Only those genuinely in need of assistance receive it.
2. Donors can choose which area of ZANE's work they wish to support.
3. ZANE was the Telegraph Group Overseas Charity of the year.
4. ZANE is looking after over 500 aged and frail veterans and their widows. These people fought for the Crown in WW2, Malaya, Korea and Aden. Without ZANE, they would be living with insufficient food and no healthcare.
5. ZANE runs education programmes in the high-density areas assisting women and children living in extreme poverty.
6. ZANE funded the first clubfoot correction programme in Zimbabwe. Fifteen treatment centres have been established and over 5,400 children have received treatment to date.
7. ZANE funds the provision of prosthetic limbs for victims of landmine explosions and treatment for people with hearing loss.
8. ZANE's funds are subject to rigorous audit and ZANE is proud that since its foundation, it has never lost money to collapsed banks, middlemen or corruption.
9. An independent consultancy reviewed ZANE and the report stated:
"The charity thrives on its responsiveness, flexibility and lack of bureaucracy. Operationally, ZANE is frugal, focused and effective in delivering aid to the needy."



ZANE: Zimbabwe A National Emergency ACN 613802574

Please help the people of Zimbabwe continue to get vital aid and support

3 ways to give:

- **Donate online** – <http://zaneaustralia.org.au/donate/>
- **Call us:** 0421 600 040
- **Or return this form to:**
ZANE Australia, Unit 4, 50-52 Cypress Crescent, Leopold, VIC 3224

Preferred use of gift:

- ☐ Trustees' Discretion ☐ Veterans' Work
☐ Impoverished Communities ☐ Clubfoot

I would like to donate:

- ☐ A single gift of \$ _____
☐ A monthly gift of \$ _____

My details:

Title _____ Initials _____ Surname _____

Address _____

Postcode _____

Tel _____ Mobile: _____

Email _____

ZANE will not pass on your details to third parties. If a specified project is fully funded, donations will be used where most needed.

How did you first hear about ZANE Australia? _____

I would like to donate by:

- ☐ Cheque
☐ Credit card ☐ Visa ☐ Mastercard

Card Expiry /

Cardholder's name _____

Card number:

3-digit Verification number:

- ☐ Online Direct Deposit to:

ZANE Australia Limited, BSB: 032023, Account: 305217

Payment Reference:

your name _____

Thank you for your support.